

# Headstart

Get ahead with your  
university studies in  
Year 10, 11 or 12

Semester 2, 2024 | Semester 1, 2025





## Accelerate your learning with Headstart

Are you a motivated Year 10–12 student who wants to be challenged with university-level learning and gain credit towards a degree? With Headstart, you can explore degrees that interest you, experience life as a uni student and enhance your academic skills as you blend high school learning with tertiary study.

You can complete up to four first-year UniSC subjects (one per semester) while in Years 10–12.

You don't just get to study at university-level — you also become a UniSC student, working alongside our other students.

Enrol in Headstart to find new and exciting opportunities and challenges as you experience university study first-hand.

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Information contained in this publication was correct at the time of publishing; however the University reserves the right to alter any program/course, procedure or fee. Prospective students should check for any amendments before submitting an application. For the most up-to-date information visit [usc.edu.au](http://usc.edu.au) University of the Sunshine Coast is registered on the Commonwealth Register of Institutions and Courses for Overseas Students. CRICOS Provider number: 01595D  
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## Available for students in Year 11 and 12, and the second semester of Year 10

If you're in Year 10, you can now apply to study Headstart in Semester 2 (July), giving you the opportunity to gain insight into university subjects and career pathways before commencing your senior studies. Completing Headstart in Year 10 will advance your learning and set you up for success in your future study.

### Check your eligibility

We have high expectations for students who start university while still in school. Entry into Headstart is competitive and is based on your academic achievements.

### To apply you must:

- be an Australian citizen, New Zealand citizen or Australian permanent resident (ie domestic student). International students should speak with their school's Headstart Coordinator about their eligibility for the program
- be completing a full workload of Year 10, 11 or 12. Year 10 students can only enrol in Headstart during Semester 2 (July)
- be achieving a B-grade average or better\*
- meet any prerequisites applicable to your chosen course
- have approval and a positive recommendation from your school

\* Special circumstances may be considered on a case-by-case basis. Your school must attach a written statement outlining a case for consideration.



The University of the Sunshine Coast acknowledges the Traditional Custodians of the land on which our campuses sit. We recognise and pay respect to Elders past, present and emerging.





# Headstart students are a step ahead

## You'll be supported all the way

University may seem like a big step, but you'll be supported by UniSC and your school. Before you start classes, you will be invited to attend an Orientation session to help you get started with your studies.

Your school is there to help you balance school and university, and your university subject teachers will give you guidance and feedback throughout your studies.

You'll also have access to UniSC's student support services, and staff are on hand if you have questions. Support services include:

- Career advice, including one-on-one appointments with the UniSC Career Development Team
- Academic skills workshops, study drop-ins and one-on-one sessions with an academic skills adviser
- Indigenous academic mentoring and services
- Health and wellbeing services, including free counselling sessions

At UniSC, we're here to help you succeed. Our Student Experience Mentors are current students who can talk with you about your studies and give you timely guidance and information to help you thrive. We are likely to reach out to you via phone, email or SMS during your time at UniSC.

## There are so many reasons to study Headstart

### Gain credit towards a UniSC degree

This means you'll have fewer subjects to study when you start your degree.

### Prepare for university

When you get to university, you'll be well prepared. You'll have already completed study at this level, experienced classes, completed assessments and enjoyed uni life.

### Broaden your education

Select a Headstart subject in an area not offered by your school, or use it as an opportunity to try out future career choices.

### Receive adjustment factors

You'll receive a bonus adjustment to your ATAR for every Headstart subject you successfully complete (one rank per course).<sup>1</sup>

### Gain QCE points

Completed university subjects can contribute towards your QCE. One semester counts for two credits.<sup>2</sup>

### Enhance your school performance

Studying at a more advanced level can improve your performance at school, because you'll be learning new academic skills and will have access to extra study resources.

### Save money

Your first Headstart subject is free and further subjects are at a reduced fee, decreasing the overall cost of your degree.<sup>3</sup>

### Gain entry into university without an ATAR

If you're not working towards an ATAR, Headstart can provide a pathway option for you to gain entry into university. By successfully completing two or more Headstart courses, you'll receive a selection rank that could get you into a university program.<sup>4</sup>

### Set yourself apart

Add your Headstart studies to your CV to get ahead of the pack by making employers aware that you're eager to learn and challenge yourself beyond what is expected.

<sup>1</sup> Year 12 Subject adjustment does not apply to the Bachelor of Medical Science or the Bachelor of Biomedical Science (Accelerated). Headstart adjustment does not apply to the Bachelor of Medical Science.

<sup>2</sup> The required level of achievement is a grade of 4 on a 7-point scale, or a Pass grade.

<sup>3</sup> Domestic students only.

<sup>4</sup> Headstart selection ranks may not be adequate to gain entry into some high-demand programs.

# Study commitments and expectations

Whether you're studying on campus or online, as a Headstart student you'll attend the same classes as first-year UniSC students. Your coursework will include the same readings, assignments and exams. You'll be expected to complete all assessments and contribute to group assignments and presentations.

## Managing your time

Years 10–12 are busy years, and we know completing a university subject while still in school is a big commitment.

That's why it's important to maintain a balance of schoolwork, university study, sport, family commitments and fun. To ensure you get the right balance, it's best to prepare a study plan early and set weekly goals to stay on top of your studies.

Don't be afraid to reach out for support if you need it. It's also important to meet regularly with your school to discuss your progress.

## Withdrawing from Headstart

If you're finding keeping up with the workload challenging, seek out the available support services to get you back on track.

If you've decided that Headstart is not working out this time and you'd like to withdraw from your subject, speak with your school's Headstart Coordinator and then notify UniSC Student Central via email to [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)

It's important to formally withdraw from your subject before the academic penalty date to avoid receiving a failing grade on your UniSC transcript.

Withdrawing from a Headstart subject prior to the census date will not affect your GPA at UniSC.

Each subject is taught over **13 weeks of classes**, followed by a two-week exam period (from February to June in Semester 1, and from July to November in Semester 2). You will need to be able to attend classes and complete coursework during this time.

Generally, Headstart students have **2–5 hours of class time per week**. Check your course outline online to see how often you may need to head to campus or log in to a class. Classes run between 8am and 9pm, Monday to Friday.

A university subject usually requires you to **attend a tutorial each week**. Some have an additional workshop, rehearsal or laboratory session, too. Traditional lectures are being replaced with seminars held throughout the semester, supported with interactive online learning materials.

**Choosing to study Headstart online** can be a great option if you need flexibility or if you live further away from our campuses. You'll complete online learning materials, which may include podcasts, interviews, simulations, screencasts, recorded discussions and quizzes. An online course can give you the ability to study at your own pace, however some courses may include scheduled classes.

**Seminars usually run for 1–2 hours** with teaching staff presenting themes and concepts related to your subject.

**Tutorials, workshops and laboratories** are similar to classes you might attend at school and **can run for 1–3 hours**.

You'll need to set aside **12.5 hours per week for personal study** (including class time). You will have online **learning materials** to guide your learning during your personal study. This might include eModules, quizzes, podcasts or videos to review. This time is when you'll complete set readings, write your assignments and revise for exams. This is in addition to your regular school study.

Just like regular students, you'll need to **check the Student Portal and your UniSC email account regularly** and log into Canvas throughout the semester.

# Costs and financial support

One of the best things about Headstart is that there is no tuition fee for the first Headstart subject you complete.\*

Additional subjects have a reduced fee (\$400 in 2023; refer to [usc.edu.au/fees](https://usc.edu.au/fees) for 2024/2025 amount).

You should allow approximately an additional \$100 per course for textbooks, photocopying and any other study-related costs.

If you're applying for another Headstart subject, you may be eligible for a scholarship to assist with your second and subsequent Headstart courses.

A number of scholarships are available for students from low-income families, or who identify with other recognised equity groups, including Aboriginal and Torres Strait Islander Peoples, or students with disability.

You can apply for a scholarship when you submit your continuing Headstart application form.



\* Only applies to domestic students and international students approved through the Sunshine Coast School Alliance. Other international students pay full fees, visit [usc.edu.au/fees](https://usc.edu.au/fees) to check the fee.

## Ellen James

Year 10 Headstart student

"Studying Headstart in Year 10 has helped me to find out what I want to do when I'm older. It's also helped me to gain confidence in my school work."





# Explore your study options »

With more than 90 Headstart subjects to choose from at UniSC, the choice is up to you. You can choose to study Headstart subjects available at a campus near you, or select a subject which can be studied online.

Year 10 students can only study Headstart in Semester 2 (July), so before selecting a subject, check the study location and semester of offer on pages 5-8 or visit the Headstart courses webpage.

[usc.edu.au/headstart-courses](http://usc.edu.au/headstart-courses)

Some subjects will have additional entry requirements, such as studying Biology at school. Please check for any additional entry requirements for your subject.

## Choose from a wide range of UniSC study areas, including:

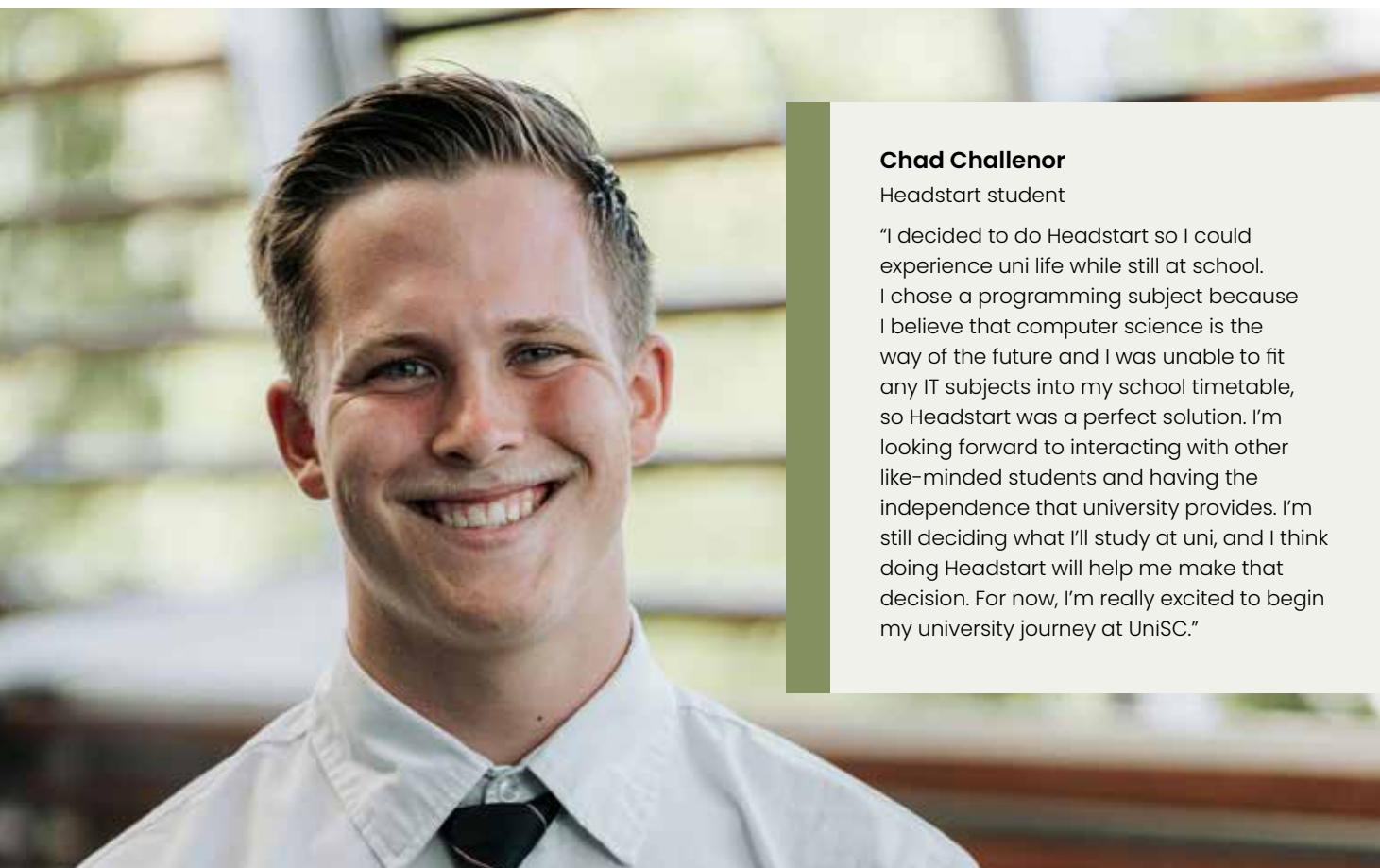
- ✓ Business and Commerce
- ✓ Communication, Design and Creative Industries
- ✓ Education
- ✓ Environmental Studies
- ✓ Health Sciences
- ✓ Law and Criminology
- ✓ Languages and Linguistics
- ✓ Psychology and Behavioural Sciences
- ✓ Science, Technology and Engineering
- ✓ Sport and Exercise Science

## Choosing a subject

When deciding what to study, you might choose a subject that builds on your favourite subject at school, or perhaps you want to expand your horizons by studying something new or that you're passionate about. It's completely up to you how to choose to structure your Headstart study.

Make sure you check the subject you want to study is available at the location you'd like to study at, in the semester you'd like to study in. If you're not sure which course to study, check out the career clusters on the Headstart webpage to see which courses may be best suited to you.

[usc.edu.au/headstart](http://usc.edu.au/headstart)



### Chad Challenor

Headstart student

"I decided to do Headstart so I could experience uni life while still at school. I chose a programming subject because I believe that computer science is the way of the future and I was unable to fit any IT subjects into my school timetable, so Headstart was a perfect solution. I'm looking forward to interacting with other like-minded students and having the independence that university provides. I'm still deciding what I'll study at uni, and I think doing Headstart will help me make that decision. For now, I'm really excited to begin my university journey at UniSC."

# Business and Commerce

COURSE CODE / NAME	LOCATION	SEMESTER
ACC106 Accounting Principles <sup>1</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Caboolture	2
BUS101 Exploring Business Research	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Caboolture	2
BUS102 Economics for Business	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Caboolture	2
BUS104 Discovering Management	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Caboolture	2
BUS105 Marketing Essentials	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Caboolture	1
TSM102 The World of Tourism, Leisure and Events	Online, UniSC Sunshine Coast	1 and 2
	UniSC Moreton Bay	1

# Communication, Design and Creative Industries

COURSE CODE / NAME	LOCATION	SEMESTER
CMN101 Introduction to Creative Entrepreneurship	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN103 Introduction to Creative Industries	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN104 Introduction to Screen and Media Industries	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN105 Creative Production	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
CMN106 Contemporary Communication Theory and Trends	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN107 Communication for the Creative Professional	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN109 Editing for Professionals	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
CMN116 Playing with Words: an Introduction to Creative Writing Craft	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN117 Playing with Genre	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
CMN120 Introduction to Contemporary Global Media and Communication	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN130 News and Reporting	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
CMN150 Digital Journalism	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
DES101 Elements of Design	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
DES103 Fundamentals of Photography	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
DES104 Art, Design and Digital Culture	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
DES105 Design Methods	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
DRA100 Acting 1: The Actor's Craft <sup>2</sup>	UniSC Sunshine Coast	2
DRA102 Exploring Twentieth Century Theatre <sup>2</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
EGL120 The 'English' Tradition: An Introduction to Literary Studies	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
FSH100 Introduction to Key Concepts of Fashion	Online, UniSC Sunshine Coast	1
MUS100 Introduction to Songwriting and Production <sup>2</sup>	UniSC Sunshine Coast	1
MUS101 Introduction to Songwriting and Performance <sup>2</sup>	UniSC Sunshine Coast	2
MUS102 Performance 1	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
SGD100 Introduction to Game Design	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
SGD101 Game Art: Introduction to 2D and 3D	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
SGD102 Introduction to Games Programming	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1

## Notes

- BUS106 is an antirequisite for this course.
- Headstart students may be required to attend rehearsals in addition to the scheduled classes.

Course offerings and semester of offer at each location are subject to change. Please refer to Headstart's available courses before completing an application.  
[usc.edu.au/headstart-courses](https://usc.edu.au/headstart-courses)

## Education

COURSE CODE / NAME	LOCATION	SEMESTER
EDU101 Human Development and Learning	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
EDU103 Teaching with Technology	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	2
EDU118 Foundations of Numeracy	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
EDU119 English Language and Literacy	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2

## Environmental Studies

COURSE CODE / NAME	LOCATION	SEMESTER
ANM102 Endangered Animals and their Conservation <sup>1</sup>	UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
ANM103 Animal Form, Function and Evolution	UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	2
ENP101 Introduction to Urban Design and Town Planning – Studio I	UniSC Moreton Bay, UniSC Sunshine Coast	1
ENP104 Urban Economics and System Analytics	UniSC Moreton Bay, UniSC Sunshine Coast	2
ENP105 Introduction to Sustainable Urban Development and Town Planning	UniSC Moreton Bay, UniSC Sunshine Coast	1
ENP106 Planning and Design for Health and Wellbeing	UniSC Moreton Bay, UniSC Sunshine Coast	2
GEO100 The Changing Planet	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
GEO101 Space, Place and the Anthropocene	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
SUS101 Foundations of Sustainability	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1

## Health Sciences

COURSE CODE / NAME	LOCATION	SEMESTER
HLT100 Anatomy and Physiology <sup>2</sup>	UniSC Caboolture, UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
HLT103 Professional Health Communication	UniSC Caboolture, UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
HLT140 Think Health	UniSC Caboolture, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
LFS100 Cell Biology <sup>3</sup>	UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
LFS103 Introductory Bioscience <sup>4</sup>	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast UniSC Caboolture, UniSC Gympie	1 and 2 1
LFS112 Human Physiology <sup>5</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	2
LFS122 Human Anatomy <sup>5</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	2
NUT101 Introduction to Nutrition	UniSC Moreton Bay, UniSC Sunshine Coast	1
NUT102 Food in Society	UniSC Moreton Bay, UniSC Sunshine Coast	2
PUB102 Environment and Health	UniSC Sunshine Coast	2
PUB104 Introduction to Behavioural Health	UniSC Moreton Bay, UniSC Sunshine Coast	1
PUB112 Public Health Foundations	UniSC Moreton Bay, UniSC Sunshine Coast	2

### Notes

- 1 This course includes a field trip.
- 2 Subject to final approval.
- 3 Must be in Year 12 and studying Biology. LFS103 is an antirequisite for this course.
- 4 Must be in Year 12 and studying Biology. LFS100 is an antirequisite for this course.
- 5 Must be in Year 12 and studying Biology.

Course offerings and semester of offer at each location are subject to change. Please refer to Headstart's available courses before completing an application. [usc.edu.au/headstart-courses](https://usc.edu.au/headstart-courses)



## Law and Criminology

COURSE CODE / NAME	LOCATION	SEMESTER
<b>CRM101</b> Introduction to Criminology	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
<b>CRM102</b> Understanding Crime	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>CRM103</b> Punishment and Corrections	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>CRM105</b> Policing	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>JST101</b> Justice and the Australian Legal System <sup>1</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
<b>LAW101</b> Foundations of Australian Law A	UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2

## Languages and Linguistics

COURSE CODE / NAME	LOCATION	SEMESTER
<b>JPN110</b> Introductory Japanese 1	Online, UniSC Sunshine Coast	1
<b>JPN111</b> Introductory Japanese 2 <sup>2</sup>	Online, UniSC Sunshine Coast	2

## Psychology and Behavioural Sciences

COURSE CODE / NAME	LOCATION	SEMESTER
<b>COU101</b> Theories of Counselling: From Freud to Integrative Practice	UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>COU180</b> Therapeutic Communication Skills	Online, UniSC Caboolture, UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	1
<b>HIS100</b> What makes Australia? History of Australian Popular Culture: The Twentieth Century and Beyond	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
<b>HIS140</b> Global Citizens: A History of Humanity	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>INT101</b> Introduction to International Relations: An Australian Perspective	Online, UniSC Sunshine Coast	1
<b>INT102</b> Global Environmental Politics	Online, UniSC Sunshine Coast	2
<b>PSY100</b> Introduction to Psychology A <sup>3</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
<b>PSY101</b> Introduction to Psychology B	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>PSY102</b> Current Directions in Psychology <sup>4</sup>	Online	1 and 2
<b>SCS101</b> Foundations of Human Behaviour <sup>5</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
<b>SCS110</b> Australian Society: How does (n't) it work? – An Introduction to Sociology	Online, UniSC Moreton Bay, UniSC Sunshine Coast UniSC Fraser Coast	1 and 2 2
<b>SCS130</b> Introduction to Indigenous Australia	Online, UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast UniSC Caboolture, UniSC Gympie	1 and 2 2
<b>SWK100</b> Introduction to Social Work Practice Theories	Online, UniSC Caboolture, UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	2
<b>SWK172</b> Introduction to Social Work and Human Services	Online, UniSC Caboolture, UniSC Fraser Coast, UniSC Gympie, UniSC Moreton Bay, UniSC Sunshine Coast	1

### Notes

- LAW101 is an antirequisite for this course. Do not enrol in this course if LAW101 has been completed.
- JPN110 is a prerequisite for this course. Students must successfully complete JPN110 before enrolling in this course.
- SCS101 is an antirequisite for this course. Do not enrol in this course if SCS101 has been completed.
- Either PSY100 or PSY101 must be successfully completed prior to this course.
- PSY100 is an antirequisite for this course. Do not enrol in this course if PSY100 has been completed.

Course offerings and semester of offer at each location are subject to change. Please refer to Headstart's available courses before completing an application.  
[usc.edu.au/headstart-courses](http://usc.edu.au/headstart-courses)

# Science, Technology and Engineering

COURSE CODE / NAME	LOCATION	SEMESTER
CSC100 Computer Science Project and Ethics <sup>1</sup>	UniSC Moreton Bay	2
ENG101 Professional Engineering <sup>2</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	1
ENG103 Introduction to the Internet of Things <sup>3</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	2
ENG104 Engineering Design	UniSC Moreton Bay, UniSC Sunshine Coast	2
ENG106 Engineering Computing <sup>4</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	2
ICT110 Introduction to Data Science <sup>5</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
ICT112 Programming Fundamentals <sup>5</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1
ICT115 Introduction to Systems Design <sup>5</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	2
MTH103 Introduction to Applied Mathematics <sup>3</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	1
MTH104 Introductory Calculus <sup>3</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	2
SCI102 Biodiversity and Ecology <sup>6</sup>	UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	2
SCI105 Introductory Chemistry <sup>7</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
SCI107 Physics <sup>3</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	1
SCI110 Science Research Methods <sup>8</sup>	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1 and 2
	UniSC Fraser Coast	2
SCI113 Discovering Science	UniSC Fraser Coast, UniSC Moreton Bay, UniSC Sunshine Coast	1
SEC100 Foundations of Computer Security	Online, UniSC Moreton Bay, UniSC Sunshine Coast	1

# Sport and Exercise Science

COURSE CODE / NAME	LOCATION	SEMESTER
SPX100 Physical Activity and Health <sup>9</sup>	UniSC Moreton Bay, UniSC Sunshine Coast	1
SPX101 Introduction to Sport and Exercise Science	UniSC Moreton Bay, UniSC Sunshine Coast	1
SPX102 Introduction to Coaching Science	UniSC Moreton Bay, UniSC Sunshine Coast	2
SPX121 Exercise Prescription and Programming I	UniSC Moreton Bay, UniSC Sunshine Coast	2

## Notes

- ICT112 is a prerequisite for this course. Students must successfully complete ICT112 before enrolling in this course.
- This course includes a field trip.
- Must be studying Mathematical Methods or Specialist Mathematics.
- ENG103 is an antirequisite of this course. Do not enrol in this course if ENG103 has been completed.
- Students are recommended to be studying Digital Solutions.
- Must be studying Biology.
- Must be studying Chemistry.
- Students are recommended to be studying General Mathematics, Mathematical Methods or Specialist Mathematics.
- PUB104 is an antirequisite for this course. Do not enrol in this course if PUB104 has been completed.

Course offerings and semester of offer at each location are subject to change. Please refer to Headstart's available courses before completing an application.  
[usc.edu.au/headstart-courses](https://usc.edu.au/headstart-courses)



### Cherene Griffin

Headstart student

"It's a really amazing program. You save time, you save money and it's a really fun experience. You meet so many lovely people and you don't get treated any differently to other students."

# How to apply

## » Assess your options

Take a look through the subjects available on pages 5–8 and choose the one that meets your needs. Find a subject that best suits your career aspirations or interests, one that will count towards the degree you want to study or that extends on your favourite subjects at school.

Course offerings and semester of offer at each location are subject to change, so make sure you check the courses available before completing an application.

[usc.edu.au/headstart-courses](https://usc.edu.au/headstart-courses)

## » Talk with your school

Before you apply for Headstart, you need to talk about your plans with your school's Headstart Coordinator.

## » Complete and submit your application

Complete and submit your application to your school's Headstart Coordinator. Once they have approved your Headstart participation, they will send your application and your most recent report card to UniSC for processing.

The application form can be found on the 'How to apply' page .

[usc.edu.au/headstart](https://usc.edu.au/headstart)

## Key dates

An important part of being a uni student is staying on top of due dates, and finding a balance between all of your commitments. As a Headstart student, you'll attend class and will be required to complete all aspects of assessment, including exams, so you must be available during exam weeks.

View key dates for starting your Headstart studies below, and the full academic calendar, including exam weeks and dates to withdraw, via [usc.edu.au/calendars](https://usc.edu.au/calendars)

### ► For study in Semester 2, 2024 July–November 2024

Applications open	4 March 2024
On-time application closing date	10 May 2024
Timetable available on UniSC website	May 2024*
Orientation	15–19 July 2024

### ► For study in Semester 1, 2025 February–June 2025

Applications open	1 August 2024
On-time application closing date	31 October 2024
Timetable available on UniSC website	December 2024*
Orientation	February 2025

\* May be subject to change. Students will be emailed with more information. View enrolment dates once they are released at [usc.edu.au/calendars](https://usc.edu.au/calendars)





# What to expect next?

## ► Receive an offer

If your application is successful, UniSC will email you an official offer that includes instructions to complete your enrolment and attend Orientation. Remember to check your email account regularly and throughout any school holidays so you don't miss your offer.

## ► Organise timetable and submit class preference form

When timetables are released, select your preferred class times. You will receive instructions on how to submit your class preference form in your enrolment and Orientation information. UniSC will make every effort to enrol you in your preferred classes, but it's good to have back-up options in case your preferred times are not available.

## ► Check in with your Headstart Coordinator

As a uni student, you're in control of your studies but it's still important to keep your school informed on your Headstart studies. Make sure to check in with your school's Headstart Coordinator frequently to keep them updated on the course you're studying, your class timetable, and how you're managing with balancing your school and uni studies.

## Create a pathway to UniSC

If you're not working towards an ATAR, Headstart can provide a pathway option for you to gain entry into university. By completing two or more Headstart courses, you'll receive a selection rank that could get you into a university program.\*

One of the great things about Headstart is that it can give you credit towards your UniSC degree. If you successfully complete subjects through Headstart, then enrol in a related UniSC program, you'll have fewer courses to complete to get your degree.

To continue your studies at UniSC after you finish Year 12, you apply through QTAC and include in your application that you have completed Headstart.

Credit may be granted for related degrees at other universities, but this is subject to approval by the relevant university through their individual credit process.

\* Headstart selection ranks may not be adequate to gain entry into some high-demand programs.

# 5 tips for uni success

Starting uni can be an exciting, life-changing experience, though also a bit daunting. To help minimise the stress of getting started with Headstart, here are our top tips for success at university.

## Attend Orientation

We'll email you to let you know when Headstart Orientation will be held. This is a great chance to ask any questions you might have about your course, and meet other students in the Headstart program. You're also welcome to attend other Orientation activities alongside first-year university students. There's heaps of entertainment and freebies to look out for, too.



TIP 1



TIP 2

## Go to class and put in the work

It can be easy to lose steam to go to class or complete the readings each week, but putting in the work can really pay off. Students who attend all classes and complete weekly activities tend to receive higher grades than those who don't. Your lecturers and tutors are your connection to your chosen industry, so getting to know them will be key in setting up your future career path.



TIP 3

## Get support – you're not alone

University can be an exciting and sometimes unfamiliar journey, but know that you are supported throughout the entire process. When you start, you'll be emailed a **Starting at UniSC Toolkit** – make sure you fill this out to receive customised support and tips. Access study resources online via Canvas and the Student Portal. You can also chat online with a librarian. If you need any help – just ask.



TIP 4

## Find a balance

Uni life gives you freedom to choose how you approach your study. You can start classes later in the day, or study around your school commitments. Using a diary or a planner can help you to keep track of assessment, classes, school commitments, and your social life. Make sure to find a balance between working hard and having fun.

## Get involved

The best part of uni life is meeting like-minded people and getting involved in a study area you're passionate about. There are plenty of social activities, campus events, clubs, societies and sports teams to get involved in. Orientation will introduce you to many of these exciting opportunities, but make sure to keep an eye out for them throughout your Headstart studies.



TIP 5

# Tips to support your student through Headstart »

Headstart provides a challenge beyond the school curriculum, offering your child the chance to gain a taste of university life and enhance their academic performance. They'll grow as individuals as they develop the independence that university learning provides.







### Plan for success

- Encourage your student to attend all classes, as this is where they'll get the most out of their learning experience and have the opportunity to discuss class content with their peers, lecturers and tutors.
- Create a study plan to help them stay on track, reduce stress and maintain a balance between uni, school and being a teenager.
- Remind your student to ask questions, especially in the first few weeks, and check-in with them regularly to see how they're going.



### Encourage independence

- Encourage your student to find information and services for themselves, and to not be afraid to ask questions or seek support.
- Once your child enrolls into their Headstart subject, they'll become a UniSC student and will be required to manage their own learning, including being the main point of contact for the university.



### Celebrate achievements

- Acknowledging their success and celebrating small achievements throughout the study year will help to maintain confidence and motivation ahead of the next academic challenge.



### Guide your student to the range of free support services

- As a UniSC student, your child has access to a range of services available to support student success and wellbeing, including academic and study support, wellbeing and counselling, AccessAbility, careers and employment and Indigenous student support.



### Be flexible with family commitments

- There are times during the semester when students really need to focus on their studies. They'll be required to complete all aspects of assessment, including exams, so they must be available during exam weeks.
- Be mindful when trying to arrange holidays and celebrations so they coincide with quieter times in the academic year, such as between teaching periods. View the full academic calendar via [usc.edu.au/calendars](https://usc.edu.au/calendars)

# Parents and supporters

We have a dedicated online space with all the information parents need to help their child navigate to – and through – university. Make yourself at home at the UniSC Parent Lounge and sign up for the Parent Lounge eNewsletter while you're there.

[usc.edu.au/parents](https://usc.edu.au/parents)



# UniSC Open Days

[usc.edu.au/openday](http://usc.edu.au/openday)

Moreton Bay campus ► **Sunday 21 July**

Sunshine Coast campus ► **Sunday 4 August**



Got questions? We're here to help.

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